

What is a Family Group Conference (FGC)?

Sometimes, a family can have a few problems, which they need to sort out.

A Family Meeting is where your family and people close to your family can get together to make plans to try to sort out any problems, prevent problems from happening, or support a family member.

Usually it is a professional that asks the FGC service to arrange this and they will ask for your consent to do this.

What Happens in the Meeting?

A Coordinator, who will have already met you before the meeting, will help you and your family to meet together at the agreed time and place.

It is the job of the Coordinator to make sure that the professional who requested the meeting tells your family clearly what their concerns or worries are and what help may be given to you and your family.

The next part of the meeting is private family time, where you and your family will have time to talk together and make a plan that deals with the concerns or worries.

When you and your family have finished talking and have made some agreements, the Coordinator will help to write up the plan and share it with the professional

Will the Referrer Agree with the Plan?

The professional who made the referral will agree with the plan as long as it meets your needs and keeps you safe.

What if I want someone to help me to say what I want to at the meeting?

The meeting is about you and your family and so it is very important that your views, needs and wishes are heard. You may want to bring someone with you to the meeting to help you to give your views, or you may want to have someone help you attend the meeting who is outside of your family. This person is called an advocate.

You may prefer to write something down and have it read out to the meeting, with or without you being there.

Your Coordinator will meet with you to talk about all of this before the meeting is held.

What Happens After the Meeting?

The Coordinator will arrange to have the plan copied and sent to everyone at the Meeting within 5 working days of it being held.

Within three months a Review Meeting is offered to you and your family so that you can all check how the plan is working.

Don't Forget...

If you need to know more information or there is anything you are worried about, you can speak with your Coordinator.

Your Coordinator is

You can ring or text them on

You can contact Rite Adult Family Group Conference Service on

info@jmw-rite.co.uk

**Jacqueline White
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Adult Family Group Conference Service

Helping Families to help Themselves

*Information
for
Service Users and
their Family*